



Teen's Name: _____

Date: _____

Parent-Teen Contract

This is designed to be a tool for you and your teen to communicate about substance abuse and layout specific guidelines for participation in the ProTeen Program.

Parent(s) agree to:

- **Offer support and listen when you come to me with problems or peer pressure issues that could lead to substance abuse.
- **Check in with other parents if I suspect substance abuse and to confirm adult supervision at social functions.
- **Directly address you if I suspect any drug, alcohol, or nicotine use.
- **To help you remove yourself from situations where drugs, alcohol, and/or nicotine are being used.

Code word: _____ ProTeen suggests that you have a code word that your teen can say or text to you discreetly so that you know they need help being removed from a situation.

Teen agrees to:

- **Come to you for support if I am having trouble resisting peer pressure. I understand I will not be punished for reaching out for help.
- **Not hold or hide drugs, alcohol, and/or nicotine for my friends. I understand that if I do I am guilty of possession of drugs, alcohol, and/or nicotine. I also understand that there are legal penalties for minors in possession of these substances.
- **Not use drugs, alcohol, and/or nicotine. If I am in a situation where these substances are present, I agree to remove myself from the situation immediately. I understand that I can contact you anytime for help.
- **NOT accept a ride with anyone who appears to be under the influence of drugs or alcohol. I understand that I am expected to contact you for a ride home and will not be punished for doing so.

If I violate this contract, I understand there will be the following consequence(s):

For participation and continued success in the ProTeen program, I understand you are providing the following incentive(s):

(Suggested incentives: Gas money, Phone, Car use, etc.)

Teen Signature: _____ Date: _____

Parent Signature: _____ Date: _____